



# Hermon Park Community Center

2700 29<sup>th</sup> Street / 847-746-5919

The Zion Park District will reopen the Hermon Park Fitness Center on Monday, June 29, 2020 following guidelines from the Illinois Department of Commerce and Economic Opportunity for Phase 4 of the Restore Illinois Plan.

## Fitness Center Hours of Operation:

### Monday - Friday

8:00 - 8:45am, 9:00 - 9:45am, 10:00 - 10:45am, 11:00 - 11:45am,  
3:00 - 3:45pm, 4:00 - 4:45pm, 5:00 - 5:45pm, 6:00 - 6:45 pm

### Saturday

12:00 - 4:00pm

### Sunday - Closed

## New Workout Guidelines:

- Members will be required to wear face mask while inside the facility common areas (lobby, hallway, and restrooms).
- Members will need to arrive at the facility in workout attire with personal water bottle.
- Equipment available for use by members will be separated 6 feet apart.
- Some machines and/or equipment will be closed to create social distance between members.
- Members will be required to clean equipment using disinfecting wipes BEFORE and AFTER each use.
- Hand sanitizer will be available.
- Members must follow social distancing of 6 ft.
- If specific machines are not 6 feet apart member must wait their turn before proceeding.
- Supervisor will monitor fitness areas and enforce social distancing guidelines.

## Fitness Center Capacity:

- Capacity of the Hermon Park Fitness Center will be 7 patrons at one time.
- If the capacity of the Fitness Center is met, members will be required to wait outside until a space becomes available.
- Please call 847-746-5919 to inquire about availability. There is no guarantee that a spot will be open when you arrive.

## Member Amenities:

- Cardio machines
- Strength and weight machines
- Free weights

## Currently Unavailable:

- Water fountains
- Open gym

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*Information is subject to change as additional guidelines become available from state-wide agencies providing safety guidance regarding Phase 4 of the Restore Illinois Plan.*