

A reminder to our swimmers, everyone must wear a swimsuit at the pool. Cut-offs, shorts, gym shorts, basketball shorts, colored t-shirts will not be permitted. Parents with small children, please keep your child within arm's length to ensure their safety.

#### **PORT SHILOH POOL**

Open Daily • 1:00 - 6:00 pm Pool Clearing will be done at 5:45 pm

Pool closes for the season on Saturday, August 16th

#### **Public Swim Hours & Fees**

Individual Daily Admission 1:00-6:00 pm • Fee: \$8 Individual Daily Admission 3:00-6:00 pm • Fee: \$5

Children 1 & Under.... FREE

Children under 12 years must be accompanied by an adult.

#### **SEASON PASSES:**

\$99 Individual Pass \$40 Each additional in household

## **PORT SHILOH POOL RENTALS**

Pool rentals for birthdays, family reunions or your own special group are a great way to celebrate. Reservations are accepted at the Leisure Center. Packages are for up to 75 people. A \$200 deposit is due when making your reservation. Rental fees are due two weeks before your rental.

1.5 Hours With Slide - \$400 Resident \$500 Non-Resident Available Rental Times: 6:30 - 8:00 pm Saturday or Sunday

847-746-5500 ZionParkDistrict.com

### THE POOL MAY BE CLOSED IF:

- There is a threat of violent weather or lightning is sighted.
- There is a mechanical breakdown at the pool.
- The chemistry of the water is not acceptable by Health Department standards
- If it is 65 degrees or less. Decisions regarding the weather will be made throughout the day.

Decision to close will be at Aquatic Director's discretion. Follow Port Shiloh Pool online at ZionParkDistrict.com or on the Zion Park District Facebook page for up-to-date information on closings.

### **VERY IMPORTANT INFORMATION!**

- Swimsuits are required colored T-shirts, shorts (such as cut-offs, gym shorts, etc.) will not be allowed. You must wear a swimsuit!
- In order to properly ensure the safety of our patrons cell phone use in our locker rooms is prohibited.
- · The water slide rules must be followed.
- In order to ride the water slides, you must be at least 3 ft. 6 in. tall & able to swim at lifeguard discretion.
- Smoking is not permitted anywhere in the pool area.
- Both locker rooms have coin operated lockers. We advise that you lock up all personal items. The cost is 25 cents per locker.
- Baby seats, lawn chairs and strollers are allowed in the pool area.
  Swimmers are, however, responsible for the safekeeping of personal items.
- · An adult must accompany children under the age of 12 years.
- Children 12-17 years must have a waiver signed by parent/ guardian on file to attend open swim without an adult.
- Glass is not permitted in facility
- No floatation devices. Coast Guard approved vest only.



# POLICIES OF ZION PARK DISTRICT SWIM LESSON PROGRAMS:

- 1. If your child misses a class due to illness, vacation, etc., your child will not receive a make-up lesson.
- Swim lessons have a class enrollment minimum and this may require us to adjust the schedule. We will notify parents if this is necessary.
- 3. Register your child early to reserve a spot in class. We strive to keep a low student ratio in our classes and when you register early, this enables us to plan accordingly.
- 4. Our swimming instructors enjoy teaching children, but all of us have different teaching styles. Please keep this in mind when observing lessons. We ask that if parents have questions or concerns please address them after the class. Parents we ask that you observe class from the pool deck away from the edge of the pool.
- 5. If the weather looks threatening, please call 847-746-5500 after 8:00 am to check if lessons will be held. If earlier classes are canceled, all following classes will be cancelled to keep consistency, even if weather clears up. In case we cancel lessons due to weather conditions or mechanical difficulties, we will update the Zion Park District website ZionParkDistrict.com and Zion Park District Facebook page. We will announce when the make-up lesson will be offered at the next class.

# ZION PARK DISTRICT FOLLOWS ELLIS & ASSOCIATES STANDARDS

Ellis & Associates is the leading lifeguard training consultant in the country. The pool staff continues to strive to give patrons the highest degree of safety at Port Shiloh Pool.

Thank you for letting us serve you!!

## **LEARN TO SWIM LEVEL DESCRIPTIONS**

The American Red Cross has structured the Learn to Swim program to enable your child to obtain a smoother progression throughout the levels.

**Level 1** – Orient participants to the water and begin building confidence. Introduction to basic level skills such as kicks and floats. Learn safety around water. **Prerequisite:** None

**Level 2** – Begin to build on base level skills. Putting skills learned together. Learning beginning parts of strokes. Continue safety around water. **Prerequisite:** Float on back, independent swimmer

**Level 3** – Learn competency in the water. Work on swimming without assistance. Introduction to new strokes and skills. **Prerequisite:** Ability to roll over and tread water

**Level 4** – Learn all 6 strokes and begin building proficiency. Begin working on endurance. **Prerequisite:** Swim full length of pool

**Level 5** – Refine all 6 strokes that were learned in level 4. New skills such as turns and surface dives are introduced. Continue building endurance for each stroke. **Prerequisite:** Stroke knowledge

**Level 6**– Stroke technique to improve efficiency in the water. Setting up swim workouts. Focus on water safety skills such as self-rescue skills. **Prerequisite:** Successful demonstration of Level 5 skills

**Jr Lifeguarding** – Basic water rescue skills. Introduction to what it takes to be a lifeguard. Discussion on basic first aid and CPR. **Prerequisite:** Successful demonstration of Level 4 skills or higher. Ages 11-15

**Preschool** – Introduction to the water. Focus on comfort around the aquatic environment. Basic skill learning through games. Begin learning independence on skills. **Prerequisite:** None – Ages 3-5

**Parent Child** – Introduction to the water and swim skills. Parents learn proper holds and skills to help work with their child. Learn safety around water. **Prerequisite:** None – Ages 3 months-3 years

## PORT SHILOH POOL CLASSES

## **IPAP (INFANTS, PRESCHOOLERS, AND PARENTS)**

In this program, **parents** will be in the pool to assist the swimming instructor with their infant or toddler.

## **IPAP**

## **Saturday Classes**

Dates	Time	Ages
6/14-7/26	10:40-11:10 am	2-3 Yrs
6/14-7/26	10:00-10:30 am	3-23 Mo

**Registration Deadline: June 12 Location:** Port Shiloh Pool

Fees: Resident \$85 Non-Resident \$95 (6 classes)

**No Class: 7/5** 



847-746-5500 ZionParkDistrict.com

## **PRESCHOOL CLASSES: AGES 3-5**

This program is suited for children who are independent enough to participate in a class without a parent.

#### Saturday Classes

Dates	Time
6/14-7/26 6/14-7/26	10:50-11:20 am 11:30 am-12:00 pm
Registration Dead	

Fees: Resident \$85 Non-Resident \$95 (6 classes)

**No Class:** 7/5

## **Tues/Thur Evening Classes**

Dates	Time	
6/10-6/26 7/8-7/24	6:30-7:00 pm 6:30-7:00 pm	
Pagistration Dage	Hine: Session 1 - June 9	Session 2 - July 6

Registration Deadline: Session 1 - June 8 Session 2 - July 6

**Location:** Port Shiloh Pool

Fees: Mini Session \$85 Non-Resident \$95 (6 classes)

#### **MINI SESSION**

Session 1

Mon, Wed & Fri · Class begins on Wed, June 11

Dates	Time
6/11-6/23	10:10-10:40 am
6/11-6/23	10:50-11:20 am
6/11-6/23	11:30 am-12:00 pm

#### Session 2

Mon, Wed & Fri · Class begins on Mon, June 30

Dates	Time	
6/30-7/14	10:10-10:40 am	
6/30-7/14	10:50-11:20 am	
6/30-7/14	11:30 am-12:00 pm	
No Class: 7/4		

#### Session 3

Mon, Wed & Fri · Class begins on Fri, July 18

Dates	Time
7/18-7/30 7/18-7/30	10:10-10:40 am 10:50-11:20 am
7/18-7/30	11:30 am-12:00 pm

Registration Deadline: Session 1 - June 8

Session 2 - June 28 (No class July 4) Session 3 - July 15

**Location:** Port Shiloh Pool

Fees: Resident \$85 Non-Resident \$95 (6 classes)

## PORT SHILOH POOL CLASSES

## **LEARN TO SWIM: LEVELS 1-6 AGES 6-16**

## SATURDAY SESSION

Dates	Time	Levels
6/14-7/26	9:30-10:10 am	1, 2, 3, 4, 5
6/14-7/26	10:20-11:00 am	1, 2, 3, 4, 6
6/14-7/26	11:10-11:50 am	1, 2, 3, 4

**Registration Deadline: June 12 Location:** Port Shiloh Pool

Fees: Resident \$92 Non-Resident \$107 (6 classes)

**No Class:** 7/5

## **TUES/THUR EVENING CLASSES**

Dates	Time	Levels	
6/10-6/26	6:30-7:10 pm	1, 2, 3, 4, 5, 6	
7/8-7/24	6:30-7:10 pm	1, 2, 3, 4, 5	

Registration Deadline: Session 1 - June 8 Session 2 - July 6

**Location:** Port Shiloh Pool

Fees: Resident \$92 Non-Resident \$107 (6 classes)

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## **SESSION 1**

Mon, Wed & Fri - Classes begin on Wed, June 11

Dates	Time	Levels
6/11-6/23	9:30-10:10 am	1, 2, 3, 4, 5, 6
6/11-6/23	10:20-11:00 am	1, 2, 3, 4, 5, 6
6/11-6/23	11:10-11:50 am	1, 2, 3, 4

### **SESSION 2**

Mon, Wed & Fri - Classes begin on Mon, June 30

Dates	Time	Levels
6/30-7/14	9:30-10:10 am	1, 2, 3, 4, 5, 6
6/30-7/14	10:20-11:00 am	1, 2, 3, 4, 5, 6
6/30-7/14	11:10-11:50 am	1, 2, 3, 4

No Class: 7/4

## **SESSION 3**

Mon, Wed & Fri – Classes begin on Fri, July 18  $\,$ 

Dates	Time	Levels	
7/18-7/30	9:30-10:10 am	1, 2, 3, 4, 5, 6	
7/18-7/30 7/18-7/30	10:20-11:00 am	1, 2, 3, 4, 5, 6 1 2 3 4	

Registration Deadline: Session 1 - June 8 Session 2 - June 28 (No class July 4)

Session 3 - July 15

Location: Port Shiloh Pool

Fees: Resident \$92 Non-Resident \$107 (6 classes)

#### JR. LIFEGUARDING

This class is for graduates of Level 6 to learn basic first aid and the fundamentals of lifeguarding. This introductory class is a fun way for students interested in aquatics to learn about what it means to be a lifeguard. **Mini Session - Mon, Wed, & Fri** 

Dates	Time	Ages
6/30-7/14*	11:40 am-12:20 pm	11-15
7/18-7/30	11:40 am-12:20 pm	11-15

Registration Deadline: Session 1 - June 28 Session 2 - July 15

**Location:** Port Shiloh Pool

Fees: Resident \$92 Non-Resident \$107 (6 classes)

\*No Class: 7/4

## **PRIVATE SWIMMING LESSONS**

Port Shiloh is offering the opportunity to register for private swim lessons (one on one with our instructors). Classes are a half hour each. Private lessons are for all ages and skill levels.

**Location:** Port Shiloh Pool **Fees:** \$158 (6 classes)

For more information or to register, please contact Aquatics Director Ashley Garner at agarner@zionparkdistrict.org.

#### **TUES/THUR EVENING**

Dates	Time
6/10-6/26	6:30-7:00 pm
6/10-6/26	7:20-7:50 pm
7/8-7/24	6:30-7:00 pm
7/8-7/24	7:20-7:50 pm

Registration Deadline: Session 1 - June 8 Session 2 - July 6

#### **SATURDAY MORNING**

Dates	Time	
6/14-7/26 6/14-7/26	9:30-10:00 am 10:10-10:40 am	
Registration Deadline: June 12		

**No Class:** 7/5

## **ADULT SWIMMING LESSONS**

We will accommodate any level, beginner to the advanced swimmer.

Dates	Day	Time	Ages
6/10-6/26	Tues, Thurs	7:20-8:00 pm	17 & Up
6/14-7/26*	Sat	11:10-11:50 am	17 & Up
7/8-7/24	Tues, Thurs	7:20-8:00 pm	17 & Up

\*No Class: 7/5

**Registration Deadline:** 

Session 1 and Session 2 - June 8 Session 3 - July 6

**Location:** Port Shiloh Pool

Fees: Resident \$92 Non-Resident \$107 (6 classes)